

Edmonton Jewish Hockey League (EJHL)

Rule Book
2010/2011 Season

General Rules

- 1) Games will be 3 periods, and each period will be 20 minutes in length. If time is running out in the games allotted time slot, the score keeper will “run the clock” in order to get the game finished on time.
- 2) Games will start promptly at 7:30 and 9:30 respectively.
- 3) All players must adhere to the posted rules regarding the proper behaviour in the arena in which they are playing.
- 4) Standard hockey rules will be followed by the refs to control the flow of the game (i.e. icing, off-side, penalties, etc.)
- 5) Helmets must be worn by all players on the ice, this includes wearing at least a half-shield visor to protect your face.
- 6) The emphasis on the league is to have FUN. While hockey is a competitive sport, PLEASE play safe and respect your fellow players.
- 7) The EJHL uses the red center ice line, therefore icing is in effect if the puck crosses the red center ice line as well as the opposing blue line.

Penalties

1) Game Misconduct Rule

- a. Any player receiving two 'game misconduct penalties' during the season will be suspended for the remainder of the season and they might be ineligible to play the following season.
- b. A player who receives three penalties or 6 min. in penalties and therefore a game misconduct does not have their game misconduct count toward the game misconduct rule.

2) Serious Infraction Rule

- a. The following penalties or conduct are considered “serious infractions”:

- i. High sticking;
- ii. Body contact, including hitting from behind;
- iii. Spearing;
- iv. Fighting;
- v. Kicking;
- vi. Head-butting;
- vii. Stick-swinging incidents (i.e. slashing, etc.);
- viii. Verbal or physical abuse of an official on or off of the ice;
- ix. Verbal abuse of another player off of the ice; and
- x. Any violent act or threat directed at another player off of the ice.

The above list is not exhaustive.

- b. When a player is called for a serious infraction, they may face a suspension from the league. The league disciplinary committee will review the call with the captains involved, the player(s) involved, and the referees.
- c. A suspension under the “serious infraction rule” can be for the remainder of the season, or if it is deemed in the best interests of the league, a lifetime ban from the league.
- d. There are always going to be specific circumstances that will have to be looked at in each case. The league disciplinary committee will review the penalty and the circumstances surrounding the penalty.
- e. The league disciplinary committee will hold an investigative hearing when any player is called for a serious infraction. At the conclusion of the investigation, the league disciplinary committee will issue the appropriate penalty to the infracting player.

3) Accumulation of minor penalties

- a. Any player receiving the equivalent of 20 minor penalties will be suspended for one game.
- b. Any player receiving the equivalent of 40 minor penalties in a single season will be suspended for the remainder of the season

and they might be ineligible to play the following season depending on the circumstances.

4) Three strikes rule

a. A player who receives three penalties in one game will be given a game misconduct for that game, and their conduct will be reviewed by the league disciplinary committee.

b. The league disciplinary committee has the discretion of issuing a 1 game suspension to the offending player.

5) League Discretion Rule

a. Where any violent act or threat occurs off of the ice, the league disciplinary committee will have the discretion of issuing a suspension.

b. Where there is a dangerous incident on the ice that is not caught by the official, the league disciplinary committee will have the discretion of issuing a suspension.

Line Changes, Substitutions and Eligible Players

1) Substitute Players

a. Non-registered players will not be allowed to substitute unless they have paid the substitution fee (\$20) to the score keeper prior to the beginning of the first period of play. Players who do not pay will not be able to play again until all their fees are paid.

2) Line Substitution

a. The home team in each game controls line substitutions.

b. Notwithstanding (a) above, once 1 minute and 30 seconds have passed, lines must be substituted at the next whistle.

- c. Notwithstanding (a) and (b) above, the buzzer will sound 2 minutes and 30 seconds after the beginning of each shift, and the clock will stop. Lines will be substituted automatically.

Standings

1) Ties after Regulation

- a. There will be a three-player shootout at the end of a tied game.
- b. Each team will pick one teammate from their own teams 1st, 2nd and 3rd lines to shoot.
- c. A player cannot shoot in a shoot-out for a second time in a season unless every other teammate in attendance at the game has shot in a shoot-out. A game is tied if the teams are tied at the end of the shoot-out.
- d. For the purposes of this rule, a substitute player is not a "teammate."

2) Standings

- a. Each win is 2 points.
- b. Each shoot-out win is 2 points.
- c. Each tie is 1 point.
- d. Each shoot-out loss is 1 point.
- e. Each loss is 0 points.
- f. Where two teams are tied in points at the end of a season, the following criteria will be used to determine the standings:
 - i. the team with more wins finishes ahead of the team with fewer wins;

- ii. if the tied teams have the same number of wins, then the team with the fewest overtime losses will finish ahead of the team with fewer overtime losses;
- iii. if the tied teams have the same number of overtime losses, then the team with the most wins in the season series between the tied teams finishes ahead of the other team;
- iv. if the season series is tied, then the team with a better goal differential will finish ahead of the team with a lower goal differential.

Team Composition

1) Rookie Rating

- a. The league has asked that all rookies state on their registration form what level of hockey they have played to determine what line they should be on.

2) Player Rating

- a. Each player in the league will be rated a plus (+), even or minus (-) skill level for the line they play by the league committee.
- b. Player rating will take place prior to the beginning of the season, and can be reviewed after the 2 pre-season games.
- c. A minus (-) player is considered a player who is eligible to “drop down” when there are not enough players at a game.

3) Line Composition

- a. A second line cannot consist of more than one first line player during any game.

- b. Only first line players rated as a minus 1 (-1) can drop down to the second line.
- c. A third line cannot consist of any first line players.
- d. A third line cannot consist of more than one second line player during any game.
- e. Only second line players rated as minus 2 (-2) can drop down to the third line.
- f. Drop down players must play defense, cannot rush the puck, but CAN score.

5) Making Up The Teams

- a. The league committee, will make-up the teams this year in the fairest way possible. They will then be sent to the captains for review, once reviewed, changes MAY be made before they are finalized.
- b. The league committee will make sure all family members get to play together on the same team, and will TRY and make sure all other requests to play with friends are accommodated as best as possible.
- c. Teams will be reviewed after the pre-season game to determine if they are fair